

DIY Simple Sensory Activities



Materials:

Toilet paper or paper towel tube
Uncooked Rice
Tape

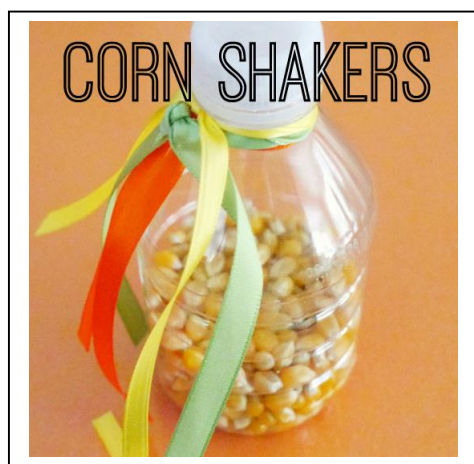
Instructions:

Tape closed one end of your tube
Add your uncooked rice
Tape the open end closed

Shake, Shake, Shake and Enjoy!

Music Makers

Resource: <http://twinmomrefreshed.com/homemade-shaker-instruments-for-toddlers/>



Materials:

Screw top bottle
Popcorn

Instructions:

Fill your bottle with desired amount
Shake and Make Music!

Resource: <https://www.pre-kpages.com/corn-shakers-music-activity/>

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