

DIY Simple Sensory Activities



Materials:

Baking Pan
English Muffins
Spoon
Favorite pizza toppings

Instructions:

Open your English muffins
Add your favorite sauce
Add Cheese and Toppings
Bake at 400 degrees for 12-15 minutes

Resource: <https://twinmomrefreshed.com/english-muffin-pizza-toddler-recipe/>



Materials:

Cheese
Apple
Toothpick

Instructions:

Slice apples into wedges
Slice your cheese into squares
Make sure both are thick enough to connect with a toothpick
Assemble your boat and Enjoy!

Resource: <http://www.creativekidsnacks.com/2013/02/15/peter-pan-party-ideas/>

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