Transition to Elementary School

1. Keep a positive attitude about school, even if you're nervous; your child takes their cues from you.
2. Talk early and often about what kindergarten will be like and what to expect in their daily routine.
3. Go over what a school day will look like and involve your child in shopping for supplies like backpacks.
4. Practice making friends and starting conversations with new classmates.
5. Drive by the school a few times so your child gets familiar with it.
6. Attend back-to-school or meet-the-teacher nights to start building a strong home-school connection.
7. Ask how the school communicates (email, app, etc.) and sign up for updates.
8. Ask the teacher how they prefer to be contacted with questions or concerns.
9. Get involved - join the PTA/PTO or ask about volunteer opportunities throughout the year.
10. Attend school events like family nights and carnivals to stay connected.
11. If your child has an IEP or 504 Plan, review the transition plan with their team.
12. Share any concerns at the IEP/504 meeting so the team understands your priorities.
13. If things aren't going well, you can request a meeting to discuss needed changes.
14. Start easing into routines like earlier bedtimes before the school year begins.

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