

YOUTH COMMUNICATION IDEAS

How to make sure your voice is heard

1



Be Positive

Being positive can change the direction of a conversation in a good way.

2



Always Show Respect

Be kind to those you are communicating with to help the mood of the conversation.

3



Be Clear

Being clear with your words helps to ensure there is no misunderstanding.

4



Don't Accuse

Ask for clarification if you don't understand what the other person is talking about.

5



Don't be Afraid to Ask for Help

Ask someone you trust for help and support if you need different ideas communicating your needs.

6



Practice, Practice, Practice

Practicing helps you learn and grow your communication skills.